



2nd Annual

Ozark Mountain Men's Spiritual Retreat



"To us, the Realm of Spirit is broad, roomy, all inclusive; never exclusive or forbidding to those who earnestly seek"

Sunshine Mountain Retreat Center
18500 Cartwright Mountain Road,
Mountainburg, AR 72946

October 11th thru 13th 2024

A Weekend of Spiritual Fellowship with an in-depth workshop on Steps 10, 11, & 12, Special Guest Speakers & fireside Events!

*** 10, 11 & 12 Workshop * | * Fire Pit Meetings ***

*** Guest Speakers * | * BBQ * | * Cornhole Competition ***

*** Food, Fun and Fellowship * | * Other Activities ***

Registration is Limited to 32 Attendees, and MUST be prepaid NO Later than September 30th 2024

Meals and Bunkhouse Accommodations Are Included

For More Information Call:

Scan QR Code to download more info & Registration or email Garry duke526@gmail.com

Mike McA @ 479.218.0684

Sam F. @ 479.650.9132

Terry L @ 479.883.2500

Garry J. @ 970.962.4050





Sheets, blankets, pillows, towels and soap will be provided onsite. There are plenty of power supplies near the bunks for phones and CPAP systems.

Volunteers are needed to help out during the weekend workshop.

I'd like to volunteer for (place X next to job):

Volunteer Job	"X"
Setup (Friday)	
Registration/Sign in	
Greeters	
Kitchen – Cook (Breakfast X2)	
Kitchen – Cook (Lunch)	
Kitchen – Cook (Dinner X2)	
Kitchen (Cleanup)	
BBQ Grill/Blackstone Cleanup	
Coffee Maker	
Firepit Setup	
Cleanup (Inside)	
Cleanup (Outside)	

REGISTRATION

Name: _____

Phone: _____

Email: _____

Diet Restrictions: _____

Amount: \$100.00

Make Checks Payable to: Ron McGehee
(Or Pay Cash)

P.O. Box 956
Van Buren, AR 72957



Ozark Mountain Men's Spiritual Retreat

Meal Menu

Friday Dinner

- Mexican Casserole – Both Beef and Chicken
- Rice
- Beans
- Chips
- Salid



Saturday Breakfast

- Eggs Scrambled
- Bacon – Both Turkey and Pork
- Toast



Saturday Lunch

- Sandwich – Turkey and Ham
- Soup – Chicken Noodle
- Chips – Individual Servings



Saturday Dinner

- Steak
- Baked Potato
- Salid



Saturday Desert

- Smores



Sunday Breakfast

- Biscuits and Meatless Gravy
- Sausage – Both Turkey and Pork



Available At All Times

- Peanut Butter and Jelly
- Bread

